

Rehab and your GP

What is Rehabilitation?



Improvement



Transparency



Patient Safety



Clinician Leadership



Innovation

Rehabilitation services exist in various forms:

- Hospital-based rehabilitation
- Community-based rehabilitation
- Day therapy
- Outpatient services

Rehabilitation services:

- Strive to improve function
- Increase independence
- Reduce burden of care



Who makes up the Rehabilitation team?

- You and your family
- Medical staff
- Nursing staff
- Administration staff
- Support staff
- Allied Health



Allied Health can include:

- Social Workers
- Music Therapists
- Psychologists
- Neuropsychologists
- Therapy Assistants
- Recreational Officers
- Physiotherapists
- Occupational Therapists
- Speech Pathologists
- Dietitians

Inpatient Rehabilitation



- Co-ordinated multi-disciplinary service
- High-intensity intervention
- Targeting patient-related goals

- Following **new insult** (e.g., traumatic brain injury, fall, stroke) or **other medical conditions** (e.g., deconditioning, orthopaedic retraining)

Inpatient Rehabilitation

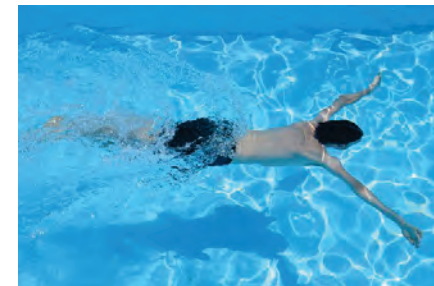
- Complete a battery of **comprehensive assessments** and **interventions**
- Determine suitability to return to the community
- Ongoing services arranged (if required) to support discharge.

Inpatient Rehabilitation

- Discharge planning is often **complex** and **lengthy**
- Discharge planning commences as soon as possible in a patient's rehabilitation journey
- Rehabilitation teams will often meet together weekly to discuss a patient's issues, progress and discharge plans
- GPs can be included in case conferences and patient discussions as required. **Medicare Billing services** are available while the patient remains in hospital.

Community Rehabilitation

- Restorative focus
- Focus on:
 - Returning to activities of daily living (e.g., swimming, driving)
- Less-intensive
- Functional intervention tasks
- Potentially provided in conjunction with services from the National Disability Insurance Scheme (NDIS)



Day Therapy and Outpatient Services



- Ongoing access to specialist services
- Lower-intensity

*Intervention models and eligibility will depend on the service provider

Referral Processes

- Each rehabilitation service will have a different referral process
- Use **QFinder** to find a service:

<https://qfinder2.health.qld.gov.au/>

- For further information, contact the service directly

National Disability Insurance Agency (NDIA)

- Independent statutory agency
- Role: Implement National Disability Insurance Scheme (NDIS)
- Supporting Australians with significant and permanent disability and family and carers

